

saturday 08 09

star makeover

KIM KARDASHIAN

It's no secret that Kim Kardashian's chiselled cheekbones are the result of some clever contouring by her make-up artist. Give it a go yourself with these easy-to-use products.



A contouring brush is more than a regular blusher brush to let you create moon defined lines. Cheek and contour brush, £28 @ L'Oréal

This blush duo is lookproof. Just brush the darker shade on to contour and use the lighter colour to highlight the top of your cheekbones. Contour blush powder duo, in Olympia, £3 @ Nars



Make sure your eyes pop with some easy shading and highlighting. Big Beautiful Eyes contour kit, £29 @ Benefit



This concealer kit, with contrasting colours, is perfect for shading the sides of your nose and lips. Just apply and blend with your fingers. Bold! Bitten creamy concealer kit, £29 @ Debenhams



RECORD woman

WORDS MARIA CROCE

Our base is an advantage

ANJA, 44

Anna Bask is a mum to six kids but is running an award-winning charitable business in the heart of the Highlands. She moved from Holland to the Highlands when her husband Jan Jacob, 44, was offered a job as a game keeper - but now she's developing Great Glen Charities in Roy Bridge.



JOY... The kids love the countryside

The specially cared treat is now being stocked in specialist fish, farm shops and even Fortran and Mowat. And Anja wouldn't change her location. "It's just lovely to live in a really rural area with countryside around us. We can see the Nevis range and lovely fields. "It doesn't really matter where our customers are, especially nowadays. "I use social media to interact with our customers. I use our location to our advantage - it's a story to tell. "We're about 20 minutes' drive from Fort William and there's a supermarket there. If we need anything bigger, it's an hour-and-a-half to Inverness. "There's peace and beautiful countryside here, we can just walk out and go into the hills. "It's great for the children to have access to the countryside to play. They get picked up by a bus for school because it's on a main road even though it's not that far away. "Sometimes I miss the cultural side of living in a big city but there are nice local events and you get to know everyone. "Enjoy working from home, as I've always wanted to look after the children myself and I don't lose time commuting. "I hope my example will show other women that, in business, it's possible to be part of a large community and combine business and family life, even in the heart of the Highlands." www.greatglenscene.co.uk

Business is blooming in Highlands and islands

Scotland has some of the world's most beautiful remote places - perfect for rural life, peace and quiet.. and becoming an entrepreneur. We speak to three women whose firms are taking off after they launched them from the countryside



FRESH AIR... Anja with her husband Jan in the Highlands

Find out about Women's Enterprise Ambassadors at www.wesambassadors.co.uk

If you have passion nothing will stop you

KIRSTEEN, 30

Fashion designer Kirsteen Stewart started her business from her kitchen table in Orkney - now it's a global firm. She'd studied in the north of England and worked in fashion houses in New York but decided her business could be based anywhere, so returned to Kirkwall on the Isle of Orkney. Now her collections of clothing, knifewear, leather and jewellery can be found as far afield as China, Japan and Australia and she has a team of staff.



DRIVEN... Designer Kirsteen Stewart

Kirsteen, 30, is married to Richard Scott, 31, a dairy farmer. She said: "I studied in Newcastle at the University of Northumbria and worked for a year in New York before heading back to Orkney. "Orkney is home and I had always planned to start my own business. Even from a young age I knew that's what I wanted to do. Because I'm from Orkney I'm used to travelling and the lifestyle here, so I really only see pros - very few challenges. "I am inspired by the world around me, that includes the whole of Scotland. This summer's collection is based on Scottish folk, which I find really inspiring - the vibrancy and the amazing colour. "From my studio, I look down onto the main shopping area in Kirkwall - it's great for people walking, especially when a liner is in. "I love getting out after a busy day, taking the dog for a walk and taking the beach to yourself. It's bliss. "Commas to meetings and events south very, usually fly, for speed. I can leave the door at 7am and be in Edinburgh by 9. Recently, I took the overnight boat to Aberdeen, trained it down to Glasgow for a two-hour meeting, back on the train

and back and was home - but at 12 at night, I don't recommend it." Kirsteen now has two full-time and four part-time members of staff. With customers as far afield as Tokyo, Paris and Australia - not all have heard of Orkney. She admitted: "International clients understand Scotland but not Orkney. Actually, some of our UK customers are the same. But Scottish students really love that fact. "I'd say to anyone contemplating starting a business to just do it. I threw myself in and learned the hard way. I'm still doing that. As long as you have passion and a fire in your belly, nothing will get in your way." Kirsteen is also a Women's Enterprise Ambassador. She said: "I teach part-time at the Orkney College in the art and design department and it's really inspiring. "When I started my own range I worked with a fair trade charity for women in Bangladesh. I visited Bangladesh and it really opened my eyes to the hardships faced by women worldwide on a daily basis. "Both of those are really important to me so I think fashion and business should be about helping others." http://kirsteenstewart.co.uk

Girls talk

Suzanne Shaw found fame in Hear Say and has worked on Emmerdale and won Dancing on Ice. The 32-year-old has a son Corey, nine, with ex-partner Darren Day.



You're a single mum, how do you juggle home and career? It's really tough. I'm lucky with the type of job I do that during school holidays you can come on the road with us. I do feel guilty that I'm on stage but knowing the work gives a comfort. I'm just over lucky that I've got a lot of support from family and friends and a great child care. The Big Reunion is seeing old acts getting back together. Would Hear Say ever do it? I don't think we could. We've all of the same mind set - that we weren't together as long as the other bands who have come back together. We've also been really lucky to have carved new careers for ourselves. I think we're happy wherever we are. You can never say never but, right now, it's not for us. Were you disappointed in this year's Dancing on Ice: All-Stars, having won series three? It wasn't my match and I was disappointed because that time round every year was so good and at such a grateful that it was just going to be a part of it. I did have more to give and I'd a big idea of it I could do the next routine, which I was really excited about because it was a solo skate. However from that, no, everybody deserved to be where they were placed and I got my Queen was obviously going to win. Skating is very close to your heart now and you produced a touring show - Professionals on Ice. Did you enjoy not being the star of it? Yes, I'm writing musicals at the moment with Lisa Adams from At a distance of words and we're just completing the sound track to it. Hopefully, that'll be on downloads shortly and then we'll produce the show, so I'm really excited. You've already done a lot. Any more dreams? I'd definitely like to be in action, I do love the comedy side of acting.

In a global world we can reach anywhere

NATALIE, 32

Natalie Clayton fell in love with the Highlands while researching whales and dolphins - she also fell for local fisherman William Guffon and settled in the area. The couple set up home on the Isle of Lewis and now have three children Mia, seven, Archie, five, and Freddie, three. Natalie, 32, had studied marine biology in Edinburgh and was working in the area when she met William, 35, through a friend. But after having her children Natalie decided she wanted to return to work. She said: "There aren't really any jobs, so if you want to do something you enjoy you've got to create it for yourself."

After reading about a Cornish cookery company, Natalie's research revealed to her was producing sea salt in Scotland and she decided to launch her business. She said: "It's just a beautiful environment. The water is immaculate, it's completely natural and it provides jobs for people locally. "The challenge is reaching your market, so I have to push to travel to meetings and I can't be as spontaneous as I could be if I lived in Glasgow. "If we had a business base on the mainland more people would visit, but we can't because of local height services. "They're probably slightly more expensive than on the mainland, but commercial property here is cheaper so that outweighs the extra cost. "There are so many benefits. I feel much more relaxed - it's more peaceful. And it's easier for me to manage the children and there's no battling with traffic every day. "Natalie has taken on three staff and her sea salt has launched in 402 Co-op stores across Scotland and has been taken on by a major German distribution company. "Hebden's Sea Salt is also used in a number of celebrated restaurants, including Andrew Fairlie at Glasgow and Mark Greenaway's Edinburgh eatery. She said: "You can live anywhere and run a business. "We live in a global world, so we can reach anywhere." http://natclayton.co.uk/



WATER WORK... Natalie Clayton



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Our base is an advantage

ANJA, 44

Anja Baak is a mum to six kids but is running an award-winning charcuterie business in the heart of the Highlands.

She moved from Holland to the Highlands when her husband Jan Jacob, 44, was offered a job as a game keeper – but now she's developing Great Glen Charcuterie in Roy Bridge.

Anja, 44, a Women's Enterprise ambassador, is mum to Rosalieke, 19, Pieterneel, 17, Anne-Marije, 15, Jochem, 12, Walter, 10, and Lennard, seven, and is now producing wild venison charcuterie.

She said: "We loved cooking and we had access to venison and were cooking with it and experimenting.

"It started with us just smoking it in a box in the garden. It was a hobby that then became a business.

"No one was making salamis and chorizos at that time. At first I was more in the background – I was having babies and was busy with the kids but then I got more involved in 2010.

"We're both now in the business full time. It's quite remote where we live and we're quite far away from customers.

"We sell direct to retailers and restaurants and work with distributors and wholesalers, so we use couriers to transport products. We're hoping to start exporting to France."

The specially cured meat is now being stocked in specialist delis, farm shops and even Fortnum and Mason.

And Anja wouldn't change her location.

"It's just lovely to live in a really rural area with countryside around us. We can see the Nevis range and lovely fields.

"It doesn't really matter where our customers are, especially nowadays.

"I use social media to interact with our customers. I use our location to our advantage – it's a story to tell.

"We're about 20 minutes' drive from Fort William and there's a supermarket there. If we need anything bigger, it's an hour-and-a-half to Inverness.

"There's peace and beautiful countryside here, we can just walk out and go into the hills.

"It's great for the children to have access to the countryside to play. They get picked up by a bus for school because it's on a main road – even though it's not that far away.

"Sometimes I miss the cultural side of living in a big city but there are nice local events and you get to know everyone.

"I enjoy working from home, as I've always wanted to look after the children myself and I don't lose time commuting.

"I hope my example will show other women that, in business, it's possible to be part of a larger community and combine business and family life, even in the heart of the Highlands."

● www.greatglengame.co.uk



JOY... The kids love the countryside

Business is



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Fashion designer Kirsteen Stewart started her business from her kitchen table in Orkney – now it's a global firm.

She'd studied in the north of England and worked in fashion houses in New York but decided her business could be based anywhere, so returned to Kirkwall on the isle of Orkney.

Now her collections of clothing, knitwear, leather and jewellery can be found as far afield as China, Japan and Australia and she has a team of staff.

She has also just been granted £49,500 from a Scottish EDGE award to develop her business even further.

Kirsteen, 30, is married to Richard Scott, 31, a dairy farmer.

She said: "I studied in Newcastle at the University of Northumbria and worked for a year in New York before heading back to Orkney.

"Orkney is home and I had always planned to start my own business. Even from a young age I knew that's what I wanted to do. Because I'm from Orkney I'm used to travelling and the lifestyle here, so I really only see pros – very few challenges.

"I am inspired by the world around me, that includes the whole of Scotland. This summer's collection is based on Scottish skies, which I find really inspiring – the vibrancy and the amazing colours.

"From my studio, I look down onto the main shopping area in Kirkwall – it's great for people watching, especially when a liner is in.

"I love getting out after a busy day, taking the dog for a walk and having the beach to yourself. It's bliss.

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She admitted: "International clients understand Scotland but not Orkney. Actually, some of our UK customers are the same. But Scottish stockists really love that fact.

"I'd say to anyone considering starting a business to just do it. I threw myself in and learned the hard way. I'm still doing that. As long as you have passion and a fire in your belly, nothing will get in your way."

Kirsteen is also a Women's Enterprise Ambassador.

She said: "I teach part-time at the Orkney College in the art and design department and it's really inspiring.

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● <http://kirsteenstewart.co.uk>

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This blush duo is foolproof. Just brush the darker shade on to contour and use the lighter colour to highlight the top of your cheekbone. Contour blush powder duo, in Olympia, £30 @ Nars



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FRESH AIR...
Anja with her husband Jan in the Highlands

STYLING: JILLI COOCHIBANE PHOTOGRAPHY: WWW.MALCOLMCOOCHIBANE.CO.UK

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● <http://kirsteenstewart.co.uk>

Girls talk

Suzanne Shaw found fame in Hear'Say and has worked on Emmerdale and won Dancing on Ice. The 32-year-old has a son Corey, nine, with ex-partner Darren Day.



You're a single mum, how do you juggle home and career?

It's really tough. I'm lucky with the type of job I do that during school holidays he can come on the road with us. I do feel guilty that I'm on stage but knowing he's with me is a comfort. I'm just very lucky that I've got a lot of support from family and friends and a great childminder.

The Big Reunion is seeing old acts getting back together. Would Hear'Say ever do it?

I don't think we would. We're all of the same mind-set - that we weren't together as long as the other bands who have come back together.

We've also been really lucky to have carved new careers for ourselves. I think we're happy where we are. You can never say never but, right now, it's not for us.

Were you disappointed to only come sixth in this year's Dancing on Ice: All-Stars, having won series three?

It wasn't so much a disappointment because this time round everyone was so good and at such a great level that it was just great to be a part of it.

I did have more to give and felt a bit gutted that I couldn't do the next routine, which I was really excited about because it was a solo skate. But apart from that, no, everybody deserved to be where they were placed and Ray Quinn was obviously going to win.

Skating is very close to your heart now and you produced a touring show - Professionals on Ice. Did you enjoy not being the star of it?

Yes. I'm writing a musical at the moment with Ben Adams from A1 and a friend of ours and we're just completing the soundtrack to it. Hopefully, that'll be on downloads shortly and then we'll produce the show, so I'm really excited.

You've already done a lot. Any more dreams?
I'd definitely like to be in a sitcom. I do love the comedy side of acting.

In a global world we can reach anywhere

NATALIE, 32

Natalie Crayton fell in love with the Hebrides while researching whales and dolphins – she also fell for local fisherman William Grafton and settled in the area.

The couple set up home on the Isle of Lewis and now have three children Malin, seven, Amber, five, and Freddie, three.

Natalie, 32, had studied marine biology in Edinburgh and was working in the area when she met William, 39, through a friend.

But after having her children Natalie decided she wanted to return to work.

She said: "There aren't really any jobs, so if you want to do something you enjoy you've got to create it for yourself."

After reading about a Cornish sea salt company, Natalie's research revealed no one was producing sea salt in Scotland and she decided to launch her business.

She said: "It's just a beautiful environment. The water is immaculate, it's completely natural and it provides jobs for people locally.

"The challenge is reaching your market, as it's mostly off the island. So I have to plan to travel to meetings and I can't be as spontaneous as I could be if I lived in Glasgow.

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cheaper so that outweighs the extra cost.

"There are so many benefits. I feel much more relaxed – if I was working in a busy city I'd be more stressed. And it's easier for me to manage the children and there's no battling with traffic every day."

Natalie has taken on three staff and her sea salt has launched in 400 Co-op stores across Scotland and has been taken on by a major German distribution company.

Hebridean Sea Salt is also used in a number of celebrated restaurant's, including Andrew Fairlie at Gleneagles and Mark Greenaway's Edinburgh eatery.

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● hebrideanseasalt.co.uk/



WATER WORK...
Natalie Crayton